

At School Behavior Sheet

This sheet is designed to reinforce positive behavior and good habits in students when they are at school. Within each week is listed three Life Skills which are very important for Black Belt Training: Discipline, Respect, and Listening. For each day, please place either a check for positive or improved behavior, or an "x" for poor or unimproved behavior within the appropriate box. This student's recorded behavior at school throughout the week will determine, with input from his/her instructors, whether he/she will be given permission to test for stripes/rank.

Student's Name _____

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Discipline Respect Listening					
Week 2 Discipline Respect Listening					
Week 3 Discipline Respect Listening					
Week 4 Discipline Respect Listening					
Week 5 Discipline Respect Listening					
Week 6 Discipline Respect Listening					
Week 7 Discipline Respect Listening					
Week 8 Discipline Respect Listening					

ATA BLACK BELT ACADEMY AND KARATE FOR KIDS

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